

Early Detection Can Save Lives!



Protect Your Heart with a CT Calcium Score

What is a Calcium Score Test?

A simple, noninvasive scan that measures the amount of hardened plaque in your coronary arteries. Early detection of coronary artery disease (CAD) can prevent heart attacks and other serious issues.

Who Should Consider This Test?

Age 40-75 with risk factors such as:

- Family history of heart disease
- High blood pressure, cholesterol, or diabetes
- High-stress lifestyle or tobacco use
- Obesity or sedentary lifestyle

Why Get a Calcium Score Test?

- **Early Detection:** Identify your risk of heart disease before symptoms appear.
- **Personalized Care:** Your calcium score will guide your specialists in creating a treatment plan just for you.

Understanding Your Results:

- 0 to 10: Little to no signs of CAD
- 10 to 100: Mild CAD
- 100 to 400: Moderate CAD
- Above 400: Severe CAD

Key Points:

- **Quick & Convenient:** About 10 minutes, same day appointments available
- **Noninvasive:** No need for IV contrast dye
- **Affordable:** Only \$199



Scan to learn more about diagnostic imaging or visit:
snoqualmievalleyhealth.org/diagnostic-imaging/

Call 425-831-2370 to schedule your CT Calcium Score test today.