



For Immediate Release: August 14, 2025

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Snoqualmie Valley Health Welcomes Jacob Apopei, ARNP, Behavioral Health and Psychiatry Provider



SNOQUALMIE, WA – Snoqualmie Valley Health (SVH) is proud to welcome Jacob Apopei, MSN, ARNP, PMHNP-BC to its Psychiatry and Behavioral Health team, expanding access to comprehensive mental health services for patients across the Snoqualmie Valley.

Jacob is a board-certified psychiatric mental health nurse practitioner who provides care to patients ages 7 and above. He earned his Master of Science in Nursing from Regis College and brings over four years of experience as a psychiatric nurse in both inpatient and acute care settings, including Seattle Children's Hospital and Fairfax Hospital.

His clinical interests include mood, psychotic, obsessive-compulsive, attentional, and trauma-related disorders. Jacob takes a collaborative, patient-centered approach, combining clinical expertise with each patient's lived experience to support lasting mental health outcomes.

"I'm excited to join this team and serve the Snoqualmie Valley population," said Apopei. "Providing community-centered, inclusive care to a diverse range of patients means meeting people where they are, listening to their stories, and supporting them on their journey toward better mental health."

Originally from Nebraska and raised on the Eastside, he now lives in Seattle with his partner, Ellie, and their two cats. Outside of work, Jacob enjoys Russian literature, industrial music, and spending time with family.

Appointments with Jacob Apopei, ARNP, are now available.





For more information about Snoqualmie Valley Health's Behavioral Health or other services, please visit SnoqualmievalleyHealth.org.

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About Snoqualmie Valley Health

Snoqualmie Valley Health is the leading healthcare institution serving the Snoqualmie Valley community. Dedicated to quality and deeply connected to the community, Snoqualmie Valley Health stands as an independent public hospital district that has been unwavering in its commitment to delivering expert and compassionate care since its establishment. With a focus on patient-centered care, the hospital district provides a wide range of medical services and is dedicated to ensuring the health and well-being of the community it serves. Snoqualmie Valley Health provides comprehensive healthcare through its Critical Access Hospital, two primary care clinics, urgent care and also offers a diverse array of specialty and outpatient services including therapy and rehabilitation, pediatrics, gastroenterology, cardiology, medical aesthetics and nephrology among others.