

**For Immediate Release**

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## **Snoqualmie Valley Health Introduces New Comprehensive Kidney Care Program**



*Dr. Megha Shah*

**SNOQUALMIE, WA** – Snoqualmie Valley Health is proud to expand its commitment to community wellness with the launch of a dedicated Kidney Care program. Designed to address a wide range of kidney-related conditions, this initiative brings specialized nephrology services closer to home, ensuring expert care for residents of the Snoqualmie Valley.

Leading the Kidney Care program is Dr. Megha Shah, a skilled nephrologist, who brings extensive experience in hospital medicine, healthcare leadership, and ethics. As the Medical Director of Hospital Services at Snoqualmie Valley Health, Dr. Shah emphasizes a collaborative approach, working closely with cardiologists, endocrinologists, and other specialists to deliver comprehensive care that addresses symptoms and promotes long-term health.

The kidneys play a crucial role in filtering blood, removing waste, and maintaining fluid balance within the body. Recognizing the importance of kidney health, Snoqualmie Valley Health's Kidney Care program is fully equipped to diagnose and treat numerous conditions, including:

- **Chronic Kidney Disease (CKD) Stage 3 and Above:** Managing moderate to severe kidney function loss.
- **Proteinuria:** Addressing the presence of protein in urine, an early indicator of kidney damage.
- **Poorly Controlled Hypertension:** Treating high blood pressure that may contribute to kidney issues.
- **Electrolyte Imbalance:** Correcting imbalances that can signal impaired kidney function.
- **Kidney Stones:** Providing non-interventional management to reduce future risks.
- **Post-Kidney Transplant Care:** Offering ongoing nephrology care essential for transplant recipients.
- **Acute Kidney Injury (AKI):** Delivering immediate attention to prevent permanent damage from sudden kidney function loss.

Appointments for the Kidney Care program are available by referral. Patients are encouraged to contact their primary care provider to initiate the referral process.

For more information about Snoqualmie Valley Health's Kidney Care Program, or other services, please visit [SnoqualmievalleyHealth.org](http://SnoqualmievalleyHealth.org).



**LIVE BOLDLY.  
LIVE WELL.**

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## **About Snoqualmie Valley Health**

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*Snoqualmie Valley Health is the leading healthcare institution serving the Snoqualmie Valley community. Dedicated to quality and deeply connected to the community, Snoqualmie Valley Health stands as an independent public hospital district that has been unwavering in its commitment to delivering expert and compassionate care since its establishment. With a focus on patient-centered care, the hospital district provides a wide range of medical services and is dedicated to ensuring the health and well-being of the community it serves. Snoqualmie Valley Health provides comprehensive healthcare through its Critical Access Hospital, two primary care clinics, urgent care and also offers a diverse array of specialty and outpatient services including therapy and rehabilitation, pediatrics, gastroenterology, cardiology, medical aesthetics and behavioral health, among others.*