

# Protect Your Heart with a CT Calcium Score

### **Early Detection Can Save Lives!**

#### What is a Calcium Score Test?

A simple, noninvasive scan that measures the amount of hardened plaque in your coronary arteries. Early detection of coronary artery disease (CAD) can prevent heart attacks and other serious issues.

#### Who Should Consider This Test?

Age 40-75 with risk factors such as:

- Family history of heart disease
- High blood pressure, cholesterol, or diabetes
- High-stress lifestyle or tobacco use
- Obesity or sedentary lifestyle

#### Why Get a Calcium Score Test?

- Early Detection: Identify your risk of heart disease before symptoms appear.
- **Personalized Care:** Your calcium score will guide your specialists in creating a treatment plan just for you.

#### **Understanding Your Results:**

- **0 to 10:** Little to no signs of CAD (Coronary Artery Disease)
- 10 to 100: Mild CAD
- 100 to 400: Moderate CAD
- Above 400: Severe CAD

#### **Key Points:**

- Quick & Painless: Takes about 10 minutes
- Noninvasive: No need for IV contrast dye
- Affordable: Only \$199

### Call 425-831-2370 to schedule your test today!

# Live boldly. Live well.