



## Protect Your Heart with a CT Calcium Score

### Early Detection Can Save Lives!

#### What is a Calcium Score Test?

A simple, noninvasive scan that measures the amount of hardened plaque in your coronary arteries. Early detection of coronary artery disease (CAD) can prevent heart attacks and other serious issues.

#### Who Should Consider This Test?

Age 40-75 with risk factors such as:

- Family history of heart disease
- High blood pressure, cholesterol, or diabetes
- High-stress lifestyle or tobacco use
- Obesity or sedentary lifestyle

#### Why Get a Calcium Score Test?

- **Early Detection:** Identify your risk of heart disease before symptoms appear.
- **Personalized Care:** Your calcium score will guide your specialists in creating a treatment plan just for you.

#### Understanding Your Results:

- **0 to 10:** Little to no signs of CAD (Coronary Artery Disease)
- **10 to 100:** Mild CAD
- **100 to 400:** Moderate CAD
- **Above 400:** Severe CAD

#### Key Points:

- **Quick & Painless:** Takes about 10 minutes
- **Noninvasive:** No need for IV contrast dye
- **Affordable:** Only \$198

*Call 425-831-2370 to schedule your test today!*

**Live boldly. Live well.**