



- 1. CALL TO ORDER/ROLL CALL**
- 2. MEDICAL SERVICES UPDATE**
 - a. Meet the Providers**
 - i. Debby Martin – CV attached
 - ii. Emilia Lewis – CV attached
 - b. Environmental Scan – Karyn Denton**
 - i. Then, Now, Future State
 - c. Patient Experience**
 - i. Guest Presenter – JD Kamal
 - d. Closing Remarks – Dr. Rachel Thompson**
- 3. ADJOURNMENT**

Board Education Opportunities

- 1. WSHA Leadership Summit (Boards & CEOs) - [Click here for more details](#)**
 - **May 15-17**

DEBORAH (Debby) M. MARTIN

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Redmond, WA 98053
(206) 799-8863
E-mail: debbymartin@aol.com

SUMMARY OF QUALIFICATIONS

- Excellent critical thinking and leadership skills developed through work experience and academic education.
- Personable and accomplished communicator with a keen sense of understanding the lives of others.
- Specialty in geriatrics with the focus of specialty in the management and diagnosis of co-morbidities and the pathophysiology of multiple diseases in the older adult. In addition to understanding normal changes in aging vs. abnormal and home care for the geriatric.
- Acute care experience in hospital setting and sub-acute setting of skilled nursing facilities (SNF).

EDUCATION

Masters of Nursing - Advanced Registered Nurse Practitioner, Gerontology Nurse Practitioner - Board Certified August 2010
Seattle University - Seattle, Washington

Bachelor Science Nursing August 2009
Seattle University – Seattle, Washington

Bachelor Science Equestrian Studies May 1993
William Woods University - Fulton, Missouri

NURSE PRACTITIONER WORK EXPERIENCE

Provider in SNF (Kline Galland Home), 6M Geriatrics and Hospital Medicine
Seattle, Washington - May 2020 to present

- TCU (transitional care unit) patients who are post acute care. Managed and diagnosed patients with co-morbidities (CHF, Afib, diabetes, COPD, CKD). Able to diagnosis and treat acute issues i.e. exacerbation CHF, exacerbation COPD. Primary care provider for long term care patients. Palliative care for TCU and LTC patients.
- Patient panel of 15 TCU patients and 25 LTC patients.
- worked with multi discipline in SNF: social work, nurse manager, floor nurses etc.

Residential Care Team, Swedish Medical Center

Seattle, Washington – January 2019 to April 2020

- TCU (transitional care unit) and long term care patients seen at multiple skilled nursing facilities (SNF). Managed patient panel from 8-12 TCU patients and 20-30 long term care patients.

DEBBY M. MARTIN (Cont.)

- Managed and diagnosed patients with co-morbidities (CHF, Afib, diabetes, COPD, CKD). Able to diagnosis and treat acute issues exacerbation CHF, exacerbation COPD. Primary care provider for long term care patients. Palliative care for TCU and LTC patients.
- Ability to work with multiple disciplines: triage via phone or in person for acute patients, palliative care/hospice care and leadership role for nurse managers and nurses.

Provider, Landmark Health

Seattle, Washington – September 2016 to present

- Treated and examed patients in the home (old fashioned house calls). Maintenance visits and urgent visits on daily basis.
- Maintenance visits consisted of: tx/monitoring HTN, DM-II etc. Urgent visits seeing patients in the home to prevent ED visit if able i.e. exacerbation of CHF, tx PNA in COPD patient, exacerbation COPD.
- Worked closely with Landmark Health social worker, pharmacist and nurse care manager for chronic patients with multiple co-morbidities.
- Tele-medicine: triage patients via phone for after hour calls, medical decision making for acute issues (SOB, hyperglycemia, angina, HTN emergency etc.) either treat patients telephonically, sent on call provider out to see patient or sent patient to ED.

Provider in Skilled Nursing Facilities (SNF), Landmark Health

Seattle, Washington – April 2018 to present

- Rounded at 3 different SNFs in Seattle. TCU and long term care patients seen at all SNFs. Patient panel varied but largest SNF 15-20 skilled with 40 long term care.
- Managed and diagnosed patients with co-morbidities (CHF, Afib, DM-II, COPD, cancer, CKD).
- Ability to work with multiple disciplines: triage via phone or in person for acute patients, palliative care/hospice care, primary care for long term care patients and leadership role for nurse managers and nurses.

Hospitalist, The Everett Clinic at Providence Medical Center in Everett

Everett, Washington – June 2015 to September 2016

- Daily rounding 12-14 acute medical patients who have been admitted to Providence Medical Center. Manage care of patients ranging from simple medical issues to complex patients with co-morbidities.
- Work independently and co-managed patients with specialist (ID, ortho, cardiology, neurology etc.).
- Perform procedures for medical hospitalist team: thoracentesis and paracentesis.

Geriatric Extended Care, The Everett Clinic

Everett, Washington – April 2011 to June 2015

- TCU and long term care patients seen at multiple SNFs. Managed patient panel at largest SNF of 10-16 TCU patients along with approximately 50+ long term care patients.

DEBBY M. MARTIN (Cont.)

- Work in multiple environments: as triage for acute patients, primary care for long term care patients, palliative care/hospice care and leadership role for nurse managers and nurses.
- Managed, diagnosed and treated skilled patients' co-morbidities (CHF, Afib, HTN, CKD, COPD, DM etc.) in addition to acute illness or progression of chronic disease(s).
- Worked on projects through The Everett Clinic to promote Geriatrics (interviewed on public radio), helped implement new templates for Epic (electronic medical record) for geriatric extended care team etc.

PROFESSIONAL EXPERIENCE

Loki Stables - Redmond, Washington – August 1995 to Present

Owner - Instructor / Trainer www.martindressage.com and www.lokistables.com

- Instruct students on a weekly basis, of all ages in dressage riding. Train horses for students with a diverse range of abilities from green broke to Grand Prix.
- Responsible for my small business. Provide basic care of school horses and clients' horse(s). Duties include: nutritional care for each individual horse, supplement guidance and administration, implement shoeing schedule, worming schedule, vaccinations, veterinary schedules and managing barn employees and their duties.
- Possess the ability to positively interact with students from a variety of educational and/or economic background and skills.

LICENSE/CERTIFICATIONS/AWARDS

- **Advanced Registered Nurse Practitioner - BC** License no. 60197717, Washington State, expires January 2025.
- **Registered Nurse** License no. 60097965, Washington State, expires November 2021.
- **BLCS/CPR** Certification expires 2020.
- **Nursing Assistant Registered** License no. 00146730, Washington State, July 2002 to November 2008.
- **Seattle Met Magazine's Top Doctors 2019** - Seattle Met 2019 Top Nurse Practitioner

VOLUNTEERISM

- Support *Little Bit Therapeutic Riding Academy* and *Save A Forgotten Equine (SAFE)* with donations for their annual auctions.
- Implemented a riding program for individuals with disabilities. Educated other professional instructors on how to teach individuals with disabilities.

REFERENCES

Available upon request

EMILIA LEWIS PA-C

Contact

Address

1112 W 25th St #203
Minneapolis, MN 55405

Phone

507-696-7598

E-mail

emilia.r.lewis@gmail.com

Skills

Emergency Department

Urgent Care

Epic Software

Certifications

NCCPA-PA BLS

ACLS ATLS

WFR

Languages

Spanish

Memberships

Society of Emergency Medicine
Physician Assistants (SEMPA)

Wilderness Medical Society
(WMS)

- Dedicated and highly motivated NCCPA-certified physician assistant with >3 years of clinical experience as Emergency Medicine Physician Assistant at Hennepin County Medical Center and VA Health Care Systems Minneapolis
- Self-motivated learner and team player who adapts quickly to new challenges.
- Licensed and registered physician assistant in Minnesota state, practicing in the Emergency Department with current DEA and NPI.

Medical Experience

09/2018 - Present

Physician Assistant Emergency Medicine

Hennepin County Medical Center, Minneapolis, MN

- Perform focused histories and efficiently manage adult and pediatric patients in a busy Level I Trauma Center with >20 patients/shift
- Practice independently with high patient volumes in Fast Track area.
- Collaborate closely and effectively communicate with physicians, residents, nurses, and consulting specialties in patient-centered care.
- Conduct advanced procedures unassisted: intubation, arthrocentesis, LP, paracentesis, arterial lines, chest tube thoracotomy, nasopharyngoscopy, splinting and reduction, I&D, nerve blocks, complex laceration repair.
- Perform ultrasound exams for diagnosis and evaluation: Cardiac, eFAST, DVT, RUQ, OB, Renal/Bladder, Ocular, MSK, Soft tissue, Procedure-guidance.
- Order and interpret laboratory, imaging, and other diagnostic procedures.
- Diagnose, treat, and appropriately disposition patients with compassion.

05/2021 - Present

Physician Assistant Emergency Medicine

Veterans Affairs Health Care System, Minneapolis, MN

- Per diem position in ER and Fast Track area, working in the same capacity as above with veterans in a non-trauma center.

01/2015 - 06/2015

Emergency Medical Technician

Paratech Ambulance Service Inc., Milwaukee, WI

- Demonstrated decision-making in high-pressure situations, capably prioritizing tasks to stabilize and transport patients.
- Promoted team effort by working in close coordination with partners and providing detailed and accurate sign-out to other medical professionals.

Education

05/2016 - 05/2018

Master of Science: Physician Assistant Studies

University of Wisconsin - La Crosse - La Crosse, WI

- Clinical Rotations (Mayo - Rochester, MN): HIM, EM, Cardiology, Family Medicine, ID, Surgery, ENT, OB/GYN, Pediatrics, Psychiatry, Vascular Medicine

09/2010 - 05/2014

Bachelor of Science: Biology

St. Olaf College - Northfield, MN

- Summa Cum Laude; Dean's List; Member of Phi Beta Kappa Honor Society